

RUGARAMA HOSPITAL

# NEWSLETTER



## 42 Years of Compassion: Rugarama Hospital's Q1 2025 Milestones

- ✦ Launch of state-of-the-art dialysis services
- ✦ Stabilization of over 30 premature infants
- ✦ 1,200+ chronic disease screenings in community outreaches

As Rugarama Hospital enters its 42nd year of Christ-centered service in Kabale and the greater Kigezi region, we are proud to report a strong first quarter of 2025. We have expanded specialized care by launching a state-of-the-art dialysis unit, stabilized more than 30 premature infants, and carried out over 1,200 chronic disease screenings in our communities. A generous donation of a digital X-ray machine is already enhancing the speed and accuracy of our diagnoses and treatments.

None of these achievements would be possible without the prayers, technical support, and financial generosity of partners such as the **Tumusiime Mutebile Foundation, the German Missionary Medical Team, Lions Club International, the Darwin Initiative, and UPMB.**

Looking ahead, we remain committed to scaling up neonatal services, investing in staff development, and building sustainable programs for non-communicable disease management, all guided by our core values of faith, equity, and a vision of health for all.

**Best Wishes, DR.Akampurira Kevin Muheru**  
Medical Superintendent



**Call Us now: +256 772 727 772**

## Dialysis Unit: A Lifeline for Kidney Patients

Rugarama Hospital is proud to announce the launch of our new dialysis program, a milestone in our ongoing effort to provide advanced, compassionate care to patients throughout the Kigezi region. Equipped with cutting-edge technology and staffed by specially trained professionals, this service will dramatically improve access to life-saving renal support, reducing travel burdens and wait times for those in need.

Central to this achievement is our partnership with the **Tumusiime Mutebile Foundation**, whose generous commitment ensures we receive critical consumables every quarter and benefit from dedicated staff training sessions.



### Hope & Healing



### Neonatal & Pediatric Excellence

In the first quarter, we stabilized over 30 premature infants, achieving a 97% survival rate, and began specialized pediatrician training. A standout success is Baby Niwagaba, who joined us at just 1.2 kg, left inpatient care at 2.3 kg, and now thrives at 4 kg after outpatient follow-up. We are especially grateful to our friends from Germany, whose support has helped us save many vulnerable lives and strengthen our neonatal services.

*"Every child deserves a fighting chance."*



### Cutting-Edge Diagnostics

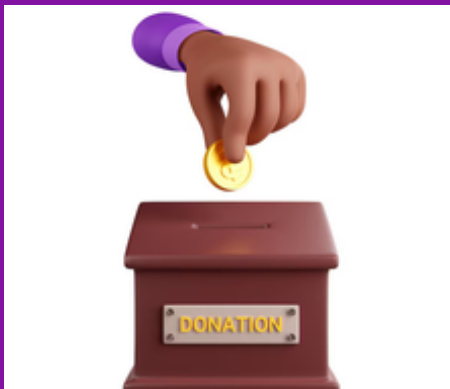
The **German Missionary Medical Team's** gift of a digital X-ray machine has revolutionized our imaging services, cutting diagnosis times by an impressive 40%. This game-changing technology means faster treatment decisions, shorter patient wait times, and more lives improved through prompt, precise care. We're deeply grateful to GMMT for powering our mission with innovation and compassion.

## Dental Care: Empowering Smiles in Every Generation

This quarter our dental team delivered over 450 treatments, from routine cleanings to restorative procedures, with a special emphasis on free pediatric care, ensuring children in our community receive vital early oral health support. Our on-site dental lab has also crafted **custom prosthetic solutions**, full and partial dentures, crowns, and bridges, helping adults regain function and confidence with every smile. This comprehensive approach not only addresses immediate needs but also lays the foundation for lifelong oral health and well-being.



### Confident Smiles




### Donate for Help

- Sponsor a dialysis session (UGX 180,000): ≈ \$49.14
- Fund a cataract surgery (UGX 350,000): ≈ \$95.55

### BANK DETAILS

BANK NAME: **EQUITY BANK**  
**UGANDA, KABALE BRANCH**  
 A/C NAME: **RUGARAMA**  
**HOSPITAL**  
 A/C No.: **1045200888224**

### Upcoming Events

 May 12: Nurses' Week Celebration

 Jun 14: Blood Donation Drive



### Healthy Communities Initiative

Thanks to our partnership with the Darwin Initiative, ICF, and Rukiga district leadership, we've protected the Rukiga wetlands, resulting in a 15% drop in waterborne illnesses; screened over 1,200 community members for diabetes and hypertension; rolled out enhanced family-planning services (including contraceptive counseling, distribution, and maternal health education); and supported critical utilities upgrades (clean water, sanitation, and solar lighting) across Rukiga. This integrated approach strengthens both environmental and human health in tandem.

### Partnerships amplify our impact

**"He heals the brokenhearted and binds up their wounds." Psalm 147:3**