



## CELEBRATING 40 YEARS

The Glory to God for the years He continues to keep us in service to Him, Rugarama Hospital will be 40 years of existence this year 2023, therefore for the next

three issues until the end of the year we will be sharing beautiful testimonies and stories of our history.



It was witnessed by the Management Committee & representatives from the donors, Truro Episcopal Church USA.



It was officially opened by the Bishop of Kigezi on 25<sup>th</sup> December 2005, and was quickly filled with patients! Others in the photo, from left to right: Rev. Bwanahoro (Chaplain), Dr Muhirwa (Management Chairman), Bishop Katwesigye, Mrs Rweijembe (Kabale Lions President), Dr Sanderson (Dr-in-Charge), Mr Nzabakuriza (District Director Health Services), Mr Tuyamubona (Local Council II Chairman), Mrs Katwesigye.



The staff prayed for funds to complete it. Donations were received from friends and well-wishers abroad. Then the Lions Clubs International confirmed their support to enable its completion.

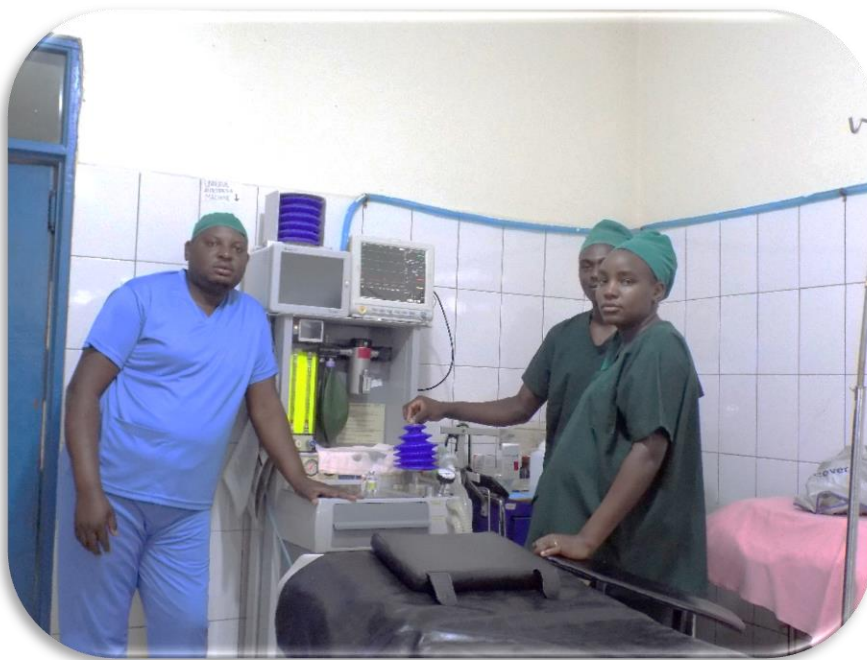
In 1983 the hospital was started as a simple Health centre II that was meant to meet the needs of the people of Kabale, as one can imagine those years, the country was in the middle of a bush war for our liberation. Fear ruled over the hearts of many people and Hope was rare gem, but in the midst of all that despair a medical center was started under the leadership of Sr. Tastian Jenny and the late Bishop Kivengere.

The hospital grew and at the level of Health centre IV the members of the parish and members of the Lions club came together and gathered funds to build the first structures at the now site of the hospital. All this was done on the land offered by the church. History is an interesting thing; it helps us appreciate that we are part of something greater and larger than ourselves, something that was built on the needs of the community. Since 1983 Rugarama Hospital has been serving the people with the same diligence and heart as if it had just begun.



The world anesthesia day was celebrated on the 16<sup>th</sup> October 2023, as a hospital in the modern era we would like to appreciate the hard work of our anesthetic officers and all the

theatre staff on a whole for the work they diligently do day in and day out to ensure that patients go through surgery with no pain



On that day we were able to celebrate with a talk on post dural puncture headache; which is a headache followed after getting a spinal anesthesia, especially for mothers after cesarean section. This is due to the fact that there is minor leakage of fluid from the hole that is made after the injection. Fear not!!! The hole will close. The headache can be felt at the front or the back of the head. It is

worse when sitting or standing and it gets better when lying down flat. the way to treat and prevent this is by staying lying on your flat on the back for up to 24hours after surgery, be sure to drink lots of water and rest.







Many thanks got to the Byengoma family for the love they have had for Rugarama hospital with not only the purchase of a new grade B ambulance, but also other essential hospital equipment like premature incubators and theatre tables to mention a few.

Emergency services have always been available at the hospital and we have always availed ourselves for the quick response to any needs that the region might have, this ambulance will therefore go a long way in providing even quicker response.

Once again, we thank the Mr. Nicholas Byengoma and Family and may God richly bless you.



The On 27th August 2023 from church while his mother had lit the fire for cooking food, Oscar picked a piece of burning coal and went to burn rubbish that was in the pit and there he was accidentally burnt. He stayed there in the burning fire in the pit unable to help himself and hence sustained burns involving the face, chest, back and thighs. He was later found by the mother who rushed him to Bwama HC 3 on 27th Aug 2023 that referred him to Rugarama Hospital immediately.

The hospital has managed the initial treatment beautifully and thanks to the kindness of many of you the patient's heavy bills were cleared. The child was referred to Kirudu national referral hospital for further plastic surgery care. Continue to keep him in prayer as we await the final surgery.

The patients at Rugarama have always been grateful for the support shown by the kindness of many of you.





The hospital athletic team was privileged to participate in a weekend activity that involved a corporate tournament that was particularly important to raise awareness about premature babies

and premature care in the hospital. They were able to raise funds that will go to the purchase of a phototherapy machine for jaundiced babies.

Thank you, every member of the hospital social team, and all those that participated, may God richly bless you.



Current Goals that Need Your Support

- £ Purchase of a new digital X-ray machine. Our current Xray has been out of service and any financial assistance would be welcome.
- £ Completion of the Ward Complex

ONGOING OPPORTUNITIES TO HELP

- ♥ Most poor patients cannot afford the hospital charges; the hospital has a Good Samaritan fund that helps clear the bills of the very needy. You too can contribute to this.
- ♥ Knit wear, blankets, and warm clothing as the cold season approaches especially for pediatrics and maternity wards.

## A CALL FOR DONATIONS

### TO MAKE A DONATION

**ACCOUNT NAME: RUGARAMA HOSPITAL**

**ACCOUNT NUMBER: 1045200888224**

**BANK NAME: EQUITY BANK**

**BRANCH: KABALE, UGANDA**

### TO CONTACT US

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